ULTIMATE SWIM CLUB

USC SHORT COURSE GALA RULES AND ENTRY PROCEDURES

EVENT: USC SHORT COURSE GALA

DATE: Friday & Saturday – 14-15 July 2023

Session 1 starts at 18h00

Session 2 starts at 08h30 with the medal presentation. Gala to start at 09h00

VENUE: CLARENDON PREP, CHELTENHAM ROAD, SELBORNE -25m Indoor Pool – 7 Lanes

Swimming South Africa rules apply:

- Only swimmers registered with SSA may take part in the Ultimate Swim Club Short Course Gala.
- Swimmers may enter as many events as they would like.
- The Competition is an Open competition i.e. events will be contested in a Men's and Women's Section
- · Age as at the day of gala.

Entries:

- All entries are to be done on Team Manager
- No faxed or individual entries will be accepted.
- Gala secretaries must ensure that all entries reach Janet van Huyssteen by no later than
- Friday, 7 July 2023, 6pm. Entries to be sent via e-mail to: jlvh@absamail.co.za please cc entries to: rectigers67@gmail.com

Fees:

- Entry fees to be paid into the account below, and proof of payment to be e-mailed to admin@usctigers.co.za
- Entries will only be processed once payment has been received in full accompanied by a copy of each participating clubs' technical official's roster and relay entries.
- Please use your club name as reference.

Banking details:

Name of the account: Ultimate Swim Club
Name of bank: First National Bank (FNB)

Account No : 62387571401
Branch Code : 250655
Reference : Club name

Individual Entries:

Registration fee : R60 per swimmer Event fee : R30.00 per event

Relays : R90

NO ENTRIES WILL BE ACCEPTED AT THE POOL.

- All events will be swum as age groups.
- They will be seeded according to the times.
- Heats will be swum slowest to fastest

Scratchings:

- Swimmers wishing to scratch from an event, may do so up to Half an Hour (30 minutes) before the start of the gala. Scratching's must be done on the relevant "scratching form" available at the records office.
- Only Team Managers will be allowed to do scratchings.
- Swimmers who do not scratch and fail to swim an event will be disqualified from the next individual
 event that he/she has entered OR have an option of paying a R100 fine. If the fine has been paid, the
 swimmer will be permitted to swim the next event. If it is the swimmer's last event a R100 fine will be
 imposed.
- Presentation of a medical certificate or good cause shown will over rule the above.

Scratching's WILL ONLY BE ACCEPTED IF SIGNED BY TEAM MANAGER/COACH

<u>AWARDS</u>

The Championships will be run as an Open Championship BUT Medals will be awarded to the first three (3) swimmers in the following age groups:

10 and under 11-12 13-14 15 and over

Cash prizes will be awarded to the winning Skins swimmer

- There will be medal presentations.
- ONE START RULE WILL APPLY
- The Referee's decision is final in accordance with FINA rules
- Protests must be submitted in writing accompanied with a R200 fee to the Meet Referee within 30 minutes of the incident in question.
- The Meet Referee's decision will be final

INDIVIDUAL SKINS RACE

A Skins event is an exciting series of races which operate on a knockout basis, with the two remaining swimmers racing each other head to head in the final race.

Qualification for the Skins event is via the 50m races for girls and boys. The fastest 7 of each of the boys and girls qualify for the Skins events. Names will be confirmed. Anyone who has qualified and chooses not to compete must advise the Records Officer so that the swimmer can be replaced with the next ranked swimmer.

The important points of the Skins event are as follows: -

- The fastest 7 girls and the fastest 7 boys qualify from 50m freestyle events. Competitors will be split
 into junior and senior age groups. Junior category is 13 and under and Senior category will be 14 and
 over.
- Each skins race is raced over 50m freestyle
- With 7 swimmers competing, there will be 3 races in total for girls and boys

- At the finish of each race, the slowest 3 swimmers will be eliminated, next knock out round 2 slowest swimmers will be eliminated. Final race two fastest remaining swimmers.
- If there is a dead heat for last place, then all swimmers remain in the race, but the two slowest swimmers from the next race are eliminated.
- Races are run consecutively with exactly 3 minutes' rest between each one
- Times recorded at the skins event are not eligible for the SSA Rankings Database

Even if you haven't qualified for the Skins event, please take the time to watch as this is a highly exciting series of races, where tactics play a big part.

TECHNICAL OFFICIALS

This is a Club Competition. Clubs will be required to provide SSA registered trained officials for EACH session, according to the number of swimmers entered in the competition.

Team Managers and Coaches please join the managers Whatsapp group: https://chat.whatsapp.com/CVJaCutXtCNHwc7VskY6PM

Quota for Officials:

Every swimmer entered must submit an official.

Please submit officials list to – rectiger67@gmail.com with the entries.

All Chief Officials will be assigned separately and will fall outside the above requirement.

The names of SSA registered officials must accompany the entries along with proof of payment. Failure to do so may result in the swimmers entries being rejected.

Technical Officials to be dressed in correct attire. Navy skirt/shorts and white shirts.