





PEA WINTER GALA NEWTON PARK SWIMMING POOL 24 - 27 JUNE 2023

It is our privilege to, once again, welcome you all to the annual PEA Winter Gala. This year, we celebrate our 125th birthday and our gala promises to be something special!

The following rules and procedures with regards to the running of the gala.

GALA RULES & PROCEDURES:

- The gala will be run in accordance with Swimming South Africa rules. Only SSA registered swimmers will be allowed to compete. *Please note: As per Swimming South Africa, swimmers must be registered two weeks prior to this gala.*
- FINA rules will govern
- Age on 24th June 2023 will determine the age group a swimmer may enter
- Swimmers from outside the Eastern Cape must submit a clearance letter from their Provincial Association, along with their entries
- In individual events, swimmers may compete in their own age group only
- In relays, swimmers may swim up an age group OR swim in their age group ONLY
- Swimmers may enter as many events as they wish
- All 50m and 100m events in the 13-14 and 15 & over age groups will be swum in heats. However, the finals in these events will be swum as follows: 13/14, 15&16 and 17&over
- All other events will be swum as timed finals
- Swimmers failing to submit entry times will swim in the slower heats.
- The one start rule will apply
- Heats may be combined should there not be sufficient entries in an age group





- The referee's decision is final
- Multi-disability swimmers are to provide their classification together with their entries
- Newton Park Swimming Pool will be open for warm ups from 1-6pm on Friday 23rd June 2023 for your convenience

MEDALS:

- Medals will be awarded to the top three places in each age group:
 - o 12 & under 50m and 100m events
 - 8&U (excluding fly)
 - 9-10
 - **11-12**
 - o 12 & under 50m and 100m fly and 200m events
 - 10&U
 - **11-12**
 - 13 & over
 - 13-14
 - 15-16
 - 17&0
 - 14&U Multi-Disability (S1-13) & (S14-S15)
 - 15&O Multi-Disability (S1-13) & (S14-S15)
 - Medals in the 200m fly, 400m free, 400m IM
 - 10& under (400 free only)
 - 11-12 (400 free only)
 - **13-14**
 - **15-16**
 - 17&O
 - o Medals in the 800m and 1500m free
 - 14&under
 - 15&over
 - o Medals in the relays
 - 10&U
 - 11&12
 - 13&14
 - 15&0
- Trophies will be awarded to:
 - Top Club
 - Victor Ludorum (Junior 12 & under and Senior 13 & over)
 - Victrix Ludorum (Junior 12 & under and Senior 13 & over)
- Medal winners must present themselves neatly attired in club uniform, on time, for all medal presentations

ENTRIES:

- Individual entry fee is R45 per event. Individual late entries (after closing date) are R100 per event. Swimmers who wish to enter an additional event on the day may do so at R300 per event, provided a lane is available
- A surcharge of R40 per swimmer is applicable





- Relay entry fee is R125 per event. Late relay entries are R200 per event, provided lanes are available
- Entries must be done on Team Manager and emailed to pdo@nmb-aquatics.co.za by no later than 18h00 on Friday 9th June 2023
- Late entries and corrections must reach the PDO by 18h00 on Monday 19th June 2023
- Entry fees are to be paid into the PEA account: Nedbank, branch code 198765, Account number 1139841785
- Proof of payment is to be sent to susann@peaswimclub.co.za

SCRATCHINGS:

- Scratchings for Session 1 & 2 must be done at the Team Manager's Meeting
- Scratchings for Session 3 must be done by the end of Session 1
- Scratchings for Session 4 must be done by the end of Session 2
- Scratchings for Session 5 must be done by the end of Session 3
- Scratchings for Session 6 must be done by the end of Session 4
- Scratchings for Session 7 must be done by the end of Session 5
- Scratchings for Session 8 must be done by the end of Session 6
- Scratchings for Session 9 must be done by the end of Session 7
- Scratchings for Session 10 must be done by the end of Session 8
- Scratchings for Session 11 must be done by the end of Session 9
- Scratchings for Session 12 must be done by the end of Session 10
- Withdrawals from the Finals are to be submitted within half an hour of the completion of the Prelims

PROTESTS:

• Protests must be submitted in writing with a R500 deposit to the Meet Referee within 30 minutes of the incident in question. The Referee's decision will be final

OFFICIALS:

- Clubs are requested to provide their list of officials on the attached form
- Club officials to be provided at least one official for every 5 swimmers
- Coaches and Team Managers (plus their contact numbers) must be added to the form
- This completed form is to be emailed to secretary@peaswimclub.co.za by no later than 18h00 on Monday 12th June 2023. A full officials list will be distributed as soon as possible to all competing clubs.
- A WhatsApp group will be created for ease of communication for Coaches and Team Managers
- Officials will be provided with light meals during the course of the gala

TEAM MANAGER'S MEETING:

• A Team Manager's meeting will be held in the Committee Room at the Newton Park pool at 16h00 on Friday 23rd June 2023





POOL ENTRANCE:

• Entry fee is R20 per person, per session. Children under 12 years of age, officials and swimmers do not pay an entry fee

PROGRAMS & RESULTS:

- Programs will be on sale at the entrance at R15 per session
- Clubs will be asked to indicate how many programs they will require for the Team Manager and Coaches. These will be available before each session at the admin office on pool deck
- Results will be on Meet Mobile

EVENT MERCHANDISE:

- Gala merchandise (t-shirts & hoodies) are available for pre-order only using the following link https://forms.gle/TZs2rn3b3PHydd2p6
- T-shirts will be handed out to the Team Managers at their meeting on 23rd June

TUCKSHOP:

- There will be a fully operational tuckshop available at the pool selling a variety of foodstuffs, snacks, hot and cold drinks
- Clubs will be able to order team meals through our tuckshop. More detailed information regarding this option will be made available closer to the time

MARCH PAST & OPENING:

There will be a march past and short opening ceremony which will be held at 5pm on Saturday 24th June, just prior to the beginning of the final session of the first day.

We look forward to welcoming you all to the PEA Winter Gala 2023 as we celebrate 125 years of swimming together.

