



PEA WINTER GALA NEWTON PARK SWIMMING POOL 25-27 JUNE 2022

It is our privilege to, once again, welcome you all to the annual PEA Winter Gala. This year, our gala will kick start the very first Cape Coastal Grand Prix and will be held at the Newton Park swimming pool from 25th to 27th June 2022.

The following rules and procedures with regards to the running of the gala.

- Saturday 25th June 2022
 - 8.00am Heats (13&O)
 - 1.30pm Timed Finals (12&U)
 - 6.00pm Finals (13&O)
- Sunday 26th June 2022
 - 8.00am Heats (13&O)
 - 1.30pm Timed Finals (12&U)
 - 6.00pm Finals (13&O)
- Monday 27th June 2022
 - 8.00am Heats (13&O)
 - 1.30pm Timed Finals (12&U)
 - 6.00pm Finals (13&O)

The Newton Park Swimming Pool will be open for warm ups one hour before the start of each session.

Please note that the above start times may change according to the Covid regulations at the time of the gala and the number of entries received. Any amendments to the times will be communicated to all competing clubs in good time so as to ensure the smooth running of the gala for all.

GALA RULES & PROCEDURES:

- The gala will be run in accordance with Swimming South Africa rules. Only SSA registered swimmers will be allowed to compete. *Please note: As per Swimming South Africa, swimmers must be registered two weeks prior to this gala.*
- FINA rules will govern
- Age on 25th June 2022 will determine the age group a swimmer may enter
- Swimmers from outside the Eastern Cape must submit a clearance letter from their Provincial Association, along with their entries
- In individual events, swimmers may compete in their own age group only
- In relays, swimmers may swim up an age group OR swim in their age group ONLY
- Swimmers may enter as many events as they wish
- 13&O heats will be swum in the morning. Swimmers failing to submit entry times will swim in the slower heats. The fastest 8 swimmers from the morning heats will progress to the evening finals
- 12&U will be swum in the afternoon as timed finals. Swimmers failing to submit entry times will swim in the slower heats.
- The one start rule will apply
- Heats may be combined should there not be sufficient entries in an age group



- The 400m, 800m & 1500m Freestyle events will be swum as timed finals with the fastest heat in the evening.
- The referee's decision is final
- Multi-disability swimmers are to provide their classification together with their entries
- Newton Park Swimming Pool will be open for warm ups from 1-6pm on Friday 24th June 2022

MEDALS:

- Medals will be awarded to the top three places in each age group:
 - 12 & under – 50m and 100m events (excluding fly)
 - 8&U
 - 9-10
 - 11-12
 - 12 & under – 50m and 100m fly and 200m events
 - 10&U
 - 11-12
 - 13 & over
 - 13-14
 - 15-16
 - 17&O
 - 14&U Multi-Disability (S1-13) & (S14-S15)
 - 15&O Multi-Disability (S1-13) & (S14-S15)
 - Medals in the 200m fly, 400m free, 400m IM, 800m free & 1500m free events
 - 12-14
 - 15-16
 - 17&O
 - Medals in the relays
 - 10&U
 - 11&12
 - 13&14
 - 15&16
 - 17&O
- Trophies will be awarded to:
 - Top Club
 - Victor Ludorum (Junior 12 & under and Senior 13 & over)
 - Victrix Ludorum (Junior 12 & under and Senior 13 & over)

ENTRIES:

- Individual entry fee is R45 per event. Individual late entries (after closing date) are R100 per event. Swimmers who wish to enter an additional event on the day may do so at R300 per event, provided a lane is available
- Relay entry fee is R125 per event. Late relay entries are R200 per event, provided lanes are available
- Entries must be done on Team Manager and emailed to pdo@nmb-aquatics.co.za by no later than 18h00 on Friday 10th June 2022
- Late entries and corrections must reach the PDO by 18h00 on Monday 20th June 2022
- Entry fees are to be paid into the PEA account: Nedbank, branch code 198765, Account number 1139841785
- Proof of payment is to be sent to susann@peaswimclub.co.za



SCRATCHINGS:

- Scratchings for Session 1 & 2 must be done at the Team Manager's Meeting
- Scratchings for Session 3 must be done by the end of Session 1
- Scratchings for Session 4 must be done by the end of Session 2
- Scratchings for Session 5 must be done by the end of Session 3
- Scratchings for Session 6 must be done by the end of Session 4
- Scratchings for Session 7 must be done by the end of Session 5
- Scratchings for Session 8 must be done by the end of Session 6
- Scratchings for Session 9 must be done by the end of Session 7
- Withdrawals from the Finals are to be submitted within half an hour of the completion of the Prelims

PROTESTS:

- Protests must be submitted in writing with a R500 deposit to the Meet Referee within 30 minutes of the incident in question. The Referee's decision will be final

OFFICIALS:

- Clubs are requested to provide their list of officials on the attached form
- Club officials to be provided – at least one official for every 5 swimmers
- Coaches and Team Managers (plus their contact numbers) must be added to the form
- This completed form is to be emailed to secretary@peaswimclub.co.za by no later than 18h00 on Friday 10th June 2022. A full officials list will be distributed as soon as possible to all competing clubs.
- A WhatsApp group will be created for ease of communication for Coaches and Team Managers

TEAM MANAGER'S MEETING:

- A Team Manager's meeting will be held in the Committee Room at the Newton Park pool at 16h00 on Friday 24th June 2022

PHOTOGRAPHS:

- There will be an official photographer taking photos of the swimming action
- All photographs will be uploaded to the PEA Facebook page. You are welcome to download them for your personal use

POOL ENTRANCE:

- Spectators will be permitted, in accordance with the Covid regulations at the time. Entry fee is R25 per person, per session. Children under 12 years of age, officials and swimmers do not pay an entry fee

PROGRAMS & RESULTS:

- Programs will be on sale at the entrance at R15 per session
- Clubs will be asked to indicate how many programs they will require for the Team Manager and Coaches. These will be available before each session at the admin office on pool deck
- Results will be on Meet Mobile and will be printed for each Team Manager



EVENT MERCHANDISE:

- CCGP merchandise will be available for purchase at the pop-up shop located inside the Newton Park pool grounds

TUCKSHOP:

- There will be a fully operational tuckshop available at the pool selling a variety of foodstuffs, snacks, hot and cold drinks
- Clubs will be able to order team lunches through our tuckshop, more details to follow shortly

LIVESTREAMING:

- The gala will be livestreamed so that parents and families are able to watch their swimmers in action. There will be no charge for this facility. The daily link will be posted to the Team Manager's WhatsApp group for distribution to the clubs

We look forward to welcoming you to the PEA Winter Gala 2022, the first meet of the inaugural Cape Coastal Grand Prix Series!

