

40TH FREDA BARNARD INVITATIONAL GALA OUDTSHOORN – 2021

FISH EAGLE AQUATICS
(Affiliated to EDEN Aquatics)



You are cordially invited to participate in the **40th** Freda Barnard Invitational Gala hosted by Fish Eagle Aquatics to be held on Friday 8 October to Sunday 10 October 2021.

The Gala will be held at the NA Smit Swimming Pool, Oudtshoorn. The facility is an outdoor 50m pool with 8 lanes and touch pads at one end of the pool. There will be five sessions of swimming as detailed in the attached swimming programme.

The Gala will start at 10h00 on Friday 8 October 2021 (warm up at 09h00), 09h00 on Saturday 9 October 2021 (warm up at 07h15) & 09h00 on Sunday 10 October 2021 (warm up at 08h00).

RULES

1. FINA rules will govern.
2. Only swimmers registered with SSA with a valid permit may compete.
3. A list with names, permit numbers & venue codes for all swimmers, officials & coaches must be provided with your entries on the attached form.
4. Swimmers may compete in their own age group only.
5. Swimmers may enter as many events as they wish.
6. There will be no limit for entries in the relay events but only 2 entries will be scored (A & B team). Swimmers will not be allowed to swim twice in the same relay. Swimmers can 'swim up' but may only compete in one age group in relay events. Relay entry times must be submitted.
7. Under NO circumstances will a swimmer be permitted to enter any events unofficially.
8. Events will be swum as age group timed finals. Age Groups: 10/U, 11-12, 13-14, 15-16 & 17/Over. 200m, 400m, 800m events: 12/U, 13-14, 15-16, 17/O.
9. Swimmers failing to submit entry times will swim in the slow heats.
10. Multi disability swimmers will swim according to entry times with able bodied swimmers.
11. The ONE START rule will apply.
12. Over-head starts will be done.
13. All entrants from outside Western Cape must produce a clearance from their Provincial Association accompanied with their entries.
14. Medal winners must present themselves neatly attired in club uniform with shoes and on time for all medal presentations. (Medal presentations will be confirmed)
15. All scratchings must be done 60 minutes prior to the start of the session in which these events will take place.
16. Any appeal to the Referee should be done in writing and submitted (together with a R300 fee) at the recording office within 30 minutes after the results have been announced.
17. The Referee's decision will be final.
18. Only TEAM MANAGERS will be allowed in the office. No coaches. No swimmers. No parents.
19. **Team Managers meeting will be 08h00 on Friday 8 October 2021**
20. Fish Eagle Aquatics will not be held liable for any injuries sustained on the premises during the course of the gala.
21. **COVID protocols will be emailed closer to the start of the gala.**
22. Right of Admission Reserved.
23. Items are subject to change.

TECHNICAL OFFICIALS

- Clubs are requested to provide Technical Officials & coaches for each session. Please provide a list of the names of registered timekeepers, judges, starters etc. who would be available to assist at the gala.
- Names and **preferred sessions** of the registered officials must be submitted by 9 October 2020
- Please complete on the forms attached
- For clubs outside of EDEN District, the following is required:
 - 1 – 3 swimmers, 1 official (1 judge or 1 timekeeper);
 - And 2 officials (1 judge and 1 timekeeper) for every 5 swimmers thereafter

POINTS

	1st	2nd	3rd	4th	5 th	6 th	7th	8 th	9th	10 th
Ind. Events	12	10	8	7	6	5	4	3	2	1
Relays	24	20	16	14	12	10	8	6	4	2

PRIZES

Club Awards: The Floating Trophy will go to the Club with the most points.
Junior & Senior Victor & Victrix Ludorum Awards based on most points achieved.

MEDALS

- Medals will be awarded for the first three places for all ages in all the Individual events: 8/Under, 9, 10, 11, 12, 13, 14, 15, 16, 17/Over EXCEPT 800m Free, 200m Butterfly, 200m Free, 200m Breast, 200m Back, 200m IM & 400m IM will medal: 10/Under, 11, 12, 13, 14, 15, 16, 17/Over
- Medals will be awarded for the first three places for each age group in all the Relay events: 10/Under, 11-12, 13-14, 15-16, 17/Over.

ENTRY PROCEDURE

- All entries to be done on Team Manager & sent as a ZIP entry file accompanied by:
 - Individual Meet Entry Report by Name including proof of entry times in PDF format,
 - Relay Meet Entries report in PDF format,
 - Meet Entries Fees Report in PDF format &
 - Proof of payment.
- Entries to be forwarded (in pdf and zip) to Tarita Pollicutte together with proof of payment and clearance letter at admin@fisheagleaquatics.com
- **NO INDIVIDUAL ENTRIES, SWIMMERS MUST ENTER VIA THEIR CLUBS/DISTRICTS PLEASE.**
- Closing date for entries is **27 September 2021**.
- No clearance and/or payment, no entry.

ENTRY FEES

- R30.00 per individual event. The relays will be R60.00 per relay team.
- R40.00 surcharge per swimmer.
- Entry fees for entries received after the closing date will be accepted at R90.00 per individual entry and R180.00 per relay team.
- **ENTRIES WILL BE ACCEPTED ON THE DAY OF THE GALA IF THERE ARE LANES AVAILABLE AND IF THE SWIMMER IS ALREADY IN THE MEET @ R200 PER EVENT.**
- **PAYMENTS BY CLUB OR PROVINCE, NO INDIVIDUAL PAYMENTS PLEASE.**
- **NO INDIVIDUAL ENTRIES, SWIMMERS MUST ENTER VIA THEIR CLUBS PLEASE.**
- Banking account details for payment:

Fish Eagle Aquatics
Nedbank Cheque Account
Account No: 162 604 7774
Branch Code: 162 645

Payment Ref: Club Name

- NO CASH DEPOSITS, PLEASE. ☺

MERCHANDISE

- Freda Barnard limited edition 40th year celebration zipped jackets available for pre order only at R395.
- Limited 40-year Freda Barnard branded Buffs are available for sale beforehand at R75 as well as limited stock at the gala.
- Please complete the order form per club & submit by **1 September 2021**.
- **Goodie bags will be given to the first 200 swimmers who enter.**

MARCH PAST

There will be a March Past at 8am on Saturday 9 October 2021 prior to the start of the morning session. Please come prepared. Participants must present themselves neatly attired in club uniform for the March Past. (**SUBJECT TO COVID REGULATIONS**)

ENTRANCE TO THE POOL

Adults R30 per session

Weekend Pass R100 (**ONLY IF SPECTATORS ARE ALLOWED UNDER COVID REGULATIONS**)

Pre-booked tickets to be sent with entries on the sheet provided.

All swimmers, officials & children enter free of charge.

PROGRAMMES

A weekend programme will be for sale at R30 each.

SWIMMING APPAREL

There will be a stall selling swim wear and apparel

TUCKSHOP

There will be tuck shop facilities and food stalls organised by the Club. (**SUBJECT TO COVID REGULATIONS**)

CONTACT INFORMATION

Tarita Pollicutte

Email: admin@fisheagleaquatics.com

We look forward to hosting you in the Karoo town of Oudtshoorn!!

Yours in swimming
Fish Eagle Aquatics Committee

GALA PROGRAMME

Please note that the times indicated are the planned times and will be confirmed at the Team Managers Meeting

FIRST SESSION FRIDAY 8th OCTOBER 2021 10h00

1. 800m Freestyle
2. 100m Backstroke
3. 50m Breaststroke
4. 200m Butterfly
5. 200m Freestyle

LUNCH BREAK

SECOND SESSION FRIDAY 8th OCTOBER 2021

6. 200m Breaststroke
7. 100m Freestyle
8. 4 x 50m Mixed Freestyle Relay

MARCH PAST SATURDAY 9th OCTOBER at 08H30

THIRD SESSION SATURDAY 9th OCTOBER 2021 09H00

9. 200m Backstroke
10. 50m Butterfly
11. 400m Individual Medley
12. 4 x 50m Medley Relay

LUNCH BREAK

FOURTH SESSION SATURDAY 9th OCTOBER 2021

13. 50m Backstroke
14. 100m Breaststroke
15. 200m Individual Medley

FIFTH SESSION SUNDAY 10th OCTOBER 2021 09H00

16. 400m Freestyle
17. 100m Butterfly
18. 50m Freestyle
19. 4 x 50m Freestyle Relay