

Nelson Mandela Bay Aquatics

NMBA Championships 11-13 December 2020

RULES AND ENTRY PROCEDURES

1 .GENERAL RULES:

- Only swimmers registered with SSA may take part in the Nelson Mandela Bay Championships.
- The gala will be swum in accordance to FINA rules.
- Due to limited opportunities to register official times on the data base, NT's will be allowed. Coaches are, however, to ensure that all swimmers who enter are of a standard to be entering a Championship gala.
- Covid rules limit us to 170 athletes per session. Whilst trying to accommodate everyone, preference will be given to local athletes.
- Swimmers will be seeded in accordance to times available on the data base from 1 May 2019.
- The swimmer's age is taken on the first day of the Championships.
- The **ONE START** rule will apply.
- Protests must be submitted in writing with the R500 deposit to the Meet Referee within 30 minutes of the posting of results. The Meet Referee's decision will be final.
- **SPECIAL COVID RULES APPLY AS PER ADDENDUM 1.**

2. EVENTS:

Individual Events:

Age Groups 10 & Under; 11-12; 13-14; 15 & over, Masters and Multi Disability

A swimmer may **ONLY** swim in his/her own age group

Masters will swim in their own event if 4 or more entries are received per event, otherwise they will be seeded in the 15 & over age group

100m Butterfly will start from 10 years of age

200m Butterfly will start at 11 years of age

Sessions:

- Sessions will be divided by age group i.e. 12 & under; 13 & over, except for the longer events which will be swum in the older age group session (200m Fly, 400m IM, 800m & 1500m Freestyle)
- Each session will be approximately 1.5 hours long.
- Swimmers can warmup 45min before the start of the session
- Starting times for sessions will be strictly adhered to.
- Dependant on the number of entries within a session, breaks between events or the combining of events may be necessary to stay within the 1.5 hour limit.
- Teams will be allocated lanes to be used for warmups.
- A session report will be circulated prior to the event.

Relays: Due to Covid rules, there will be no relays

3. ENTRIES:

All entries are to be done on Team Manager. No faxed or individual entries will be accepted. Gala Secretaries must ensure that all entries reach the PDO, Mrs Megan Canter, (pdo@nmb-aquatcs.co.za) by no later than 20.00 on Friday, 27 November 2020.

Fees:

The relevant fees must be deposited into the Nelson Mandela Bay Aquatic' banking account by no later than 1 December 2020 and the proof of payment to be emailed to the Administrator at administrator@nmb-aquatics.co.za. Entries will be returned should payment not be received.

Individual Events: R40.00 per event. **Due to COVID-19, no late entries will be accepted.**

A list of available qualified Officials must accompany all entries. A League quotas apply.

4. SCRATCHING RULE

- All confirmed scratchings must be sent to the PDO, Mrs. Megan Canter, by midday Thursday, 10 December 2020.
- General scratchings during the gala must be submitted to the PDO by the end of the previous session.
- Scratchings, due to COVID-19 or other illness, must be relayed to the PDO immediately
- Scratchings are to be submitted by the Gala Secretary or Team Manager.
- COVID-19 related scratchings will be refunded, less a 15% administration fee, on receipt of a written request from the swimmer/parent/guardian.
- No Show (N/S): A fine of **R200** will be imposed and the swimmer will not be allowed to swim any further events until the fine has been paid.

6. **REPORTING:** Events will be announced and swimmers will be called by heat to report for an event.

7. MEDALS:

- Medals will be awarded to the following age groups: 10 & Under, 11-12, 13-14, 15-16, 17 & Over and Masters
- Due to Covid rules, no medals will be presented on the day, but will be distributed after the gala.

8. **RECORDS:** Swimmers/Managers/Coaches are urged to notify the Chief Timekeeper and the Referee if they feel that a record may be swum, so that the necessary arrangements can be made.